

NORTH AMERICAN NAKAMURA CUP Kata Rules



RULES

1. The tournament committee reserves the right to divide kata categories without notice based on the number of participants.
2. There will be 3 or 4 corner judges and 1 center referee at each tatami.
3. If a participant fails to follow the referee's instructions, the referee may disqualify them.
4. Participants must wear a complete dogi (no T-shirts).
5. Competitors must select a kata from Kyokushin karate.
6. Kata selection : white to yellow belts: 4th pinan and below.
green belts and above: 5th pinan and above.
7. For children aged 7 and under, white and orange belts, the count may be given by the center referee.
8. Participants must bow upon entering and leaving the tatami.
9. After completing their kata, participants must remain in place until the result is announced.
10. If a participant fails to finish their kata, they will be given an additional chance, but a minimum of 0.5 points will be deducted.
11. Each competitor will receive a score from each judge between 5 and 10, with a 0.5 margin. The total scores converted to a percentage will determine the competitor's position within their category.

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12. The performance of each competitor is evaluated in comparison to others in the same category.
 13. In case of a tie for the first, second, and third positions in a category, the judge will ask the tied participants to perform their kata again to determine the winner. If there is still a tie, the two competitors must perform a different kata.
 14. Evaluation criteria: knowledge of the kata - technical execution - decorum and intensity - Kiai.
 15. For categories with 8 participants or more: To allow judges to establish an evaluation baseline, the first 3 participants in a category perform their kata consecutively without receiving scores. Each of them then returns to the judges to receive their respective scores. Afterward, the remaining participants perform their kata and receive immediate scores.
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